# COUNTY OF SAN DIEGO HEALTH AND HUMAN SERVICES AGENCY COMMUNITY ACTION BOARD (CAB)

1255 Imperial Avenue, Room 750 San Diego, CA 92101

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CAB MEETING MINUTES: September 12, 2013

## **CALL TO ORDER**

CAB Chair Jasmin Kirkland called the meeting to order at 3:35 p.m.

### **ROLL CALL**

- Present: Denise Reed; Jasmin Kirkland; Jeannine Nash; Margie de Ruyter; Rebecca Baez;
   Monique Fernandez; Keith Stevenson; Ana Briones-Espinoza; Madeleine Baudoin; Nelson Leone; Adriana Paulson; Paul Moose
- Excused: Marcia Washington; Ann Durham
- Absent: Awichu Akwanya
- Staff: Maggie Lujan; Dale Fleming; Juana Duenas; Luke De Smet

### **ACCEPTANCE OF AGENDA**

Denise Reed motioned to accept the agenda. Paul Moose seconded the motion. The motion was carried.

## **APPROVAL OF August 8, 2013 MINUTES**

Madeleine Baudoin motioned to approve the August 8, 2013 minutes. Paul Moose seconded the motion. The motion was carried

#### **ACTION ITEM: JUVENILE DIVERSION BOARD LETTER**

Maggie Lujan presented CAB with the Juvenile Diversion board letter for approval. Ms. Lujan also presented CAB with information and background on the board letter through the <u>Maximizing Juvenile Prevention and Early Intervention Resources</u> presentation.

Juvenile Prevention and Early Intervention Programs are for youth demonstrating behaviors associated with delinquency:

- Alternatives to more formal interactions with systems (detention, court, probation, etc.)
- Designed to address community, family and individual risk factors
- Services include: case management, counseling, skill building, behavioral intervention, academic assistance and community services

April 9, 2013, BOS directed CAO to review and assess the County's Juvenile Prevention and Early Intervention Programs for ways to:

- Improve service coordination
- Achieve better service integration
- Assure services offered within continuum of care

#### **Current County Programs:**

- Community Assessment Teams (CAT) program to provide prevention and early intervention services to youth demonstrating persistent behavioral issues. Administered by Probation
- Juvenile Diversion targets youth who have had a contact with law enforcement and offers an
  opportunity to avoid trial if they complete a service plan. Administered by HHSA-CAP
- CAT YAR (Youth at Risk) program to provide mental health services to at-risk youth who have a mental health diagnosis. Administered by HHSA-BHS

### Review Approach:

Probation and HHSA, working with Children's Initiative, completed review of current programs' designs and outcomes

Six (6) Regional Forums held in June 2013 to elicit input for redesign from:

- Youth
- Families
- Service Providers

#### Proposed Framework:

Integrated CAT & JD Programming, including:

- Consolidated CAT and Diversion services into five contracts to assure "no wrong door" access
- Service delivery based on local community needs
- Stronger family component ensuring a family focus and support
- Comprehensive family assessment
- Individualized array of services
- Case management that assures connection to needed community based resources and natural supports for all family members
- Leverage of existing behavioral health treatment network in clinic and school based programs allowing for improved local community access to services
- Alcohol and Other Drug Prevention and Early Intervention services with linkages to existing AOD
  prevention and leadership activities/initiatives such as Friday Night Live
- Youth leadership development component to foster strong positive internal values
- · Specific timelines delineated to ensure prompt services
- Flexible program duration based on needs

#### **CAO** Recommendations:

Approve redesign effective FY14-15

- Combine CAT and JD contracts and move under administration of Probation. Enhance new contracts with AOD prevention & early intervention services
- Offer specialty BHS services through existing clinic and school based recovery service networks and enhance funding with funds currently used for CAT-YAR
- Allow County to negotiate contract extensions for current contracts through 6/30/14 and another 6
  months if needed
- Allow County to issue competitive solicitations for 5 new contracts to support proposed program redesign

Adriana Paulson motioned to approve the Juvenile Diversion board letter. Denise Reed seconded the motion. The motion was carried.

## PRESENTATION: HEALTH CARE REFORM - DR. JULIANNE HOWELL

Dr. Julianne Howell, Senior Health Policy Advisor with the County of San Diego, presented CAB with information on the Affordable Care Act (ACA) and its implementation in the County of San Diego.

The ACA is both a health insurance and a health system reform law that was signed by President Obama a few months before the *Live Well, San Diego* initiative was enacted by the County of San Diego Board of Supervisors. The County of San Diego views these two programs as complimentary, and HHSA has been proactive in implementing and preparing for reforms.

As an insurance reform bill the ACA is designed to provide all Americans with health insurance, improve benefits and protections, and lower costs. It will accomplish these goals in the following ways:

- Medi-Cal expansion
- Insurance exchanges and exchange subsidies
- Dependents under 26 covered
- Essential Health benefits

Heath systems reform will improve the quality and value of health care, create stronger infrastructure and a stronger work force, and focus on public health and prevention. Measures to accomplish these goals include:

- Prevention and Public Health Fund, Including Community Transformation Grants
- New delivery system and financing models
- Care coordination
- Workforce development
- Community health needs assessments.

The ACA will call for three broad changes that hold special significance to the County of San Diego:

- Medi-Cal expansion to new populations, for the first time including adults based solely on income (extending to those earning up to 138% of the Federal Poverty Level.) It is projected that Medi-Cal will increase to cover 1 in 6 San Diegans, up from the current 1 in 8.
- Covered California will become California's new health insurance exchange/marketplace. It is projected that 1 in 9 San Diegans will purchase products via Covered California.
- The Prevention and Public Health Fund will focus on community-level prevention, reduce health
  disparities, prevent and reduce tobacco use, prevent and reduce obesity levels, promote wellness
  and preventative services, create healthy and safe environments, and implement research and
  tracking mechanisms.

#### Essential health benefits required include:

- Ambulatory patient services
- Emergency services
- Hospitalization
- Maternity and newborn care
- Mental health and substance use disorder services, including behavioral health treatment
- Prescription drugs
- Rehabilitative services and devices
- Laboratory services
- Preventive and wellness services and chronic disease management
- Pediatric services, including oral and vision care

Covered California will go live on October 1, 2013 and the initial open enrollment will continue until March 31, 2014. Coverage will be effective January 1, 2014. Future open enrollment will be October to December annually.

Digital copies of Dr. Howell's presentation were provided to CAB members, including information on how CAB and CAP staff can answer questions, refer clients, and help members of the community navigate the Covered California exchange.

### **VACANCY ROSTER AND OUTREACH UPDATE**

- Maggie Lujan updated CAB regarding outreach efforts to fill the board's remaining vacancies.
- Jeannine Nash, Margie de Ruyter, and Monique Fernandez volunteered to serve on the nominating committee.

# CAP PROGRAM DIRECTOR'S REPORT - Maggie Lujan

Director's report was included in the presentation for the Juvenile Diversion board letter.

# CAB CHAIR'S REPORT - JASMIN KIRKLAND

Chair Jasmin Kirkland did not provide a report, instead allowing for additional time for the presentations.

# **BOARD DISCUSSION**

No board discussion.

## **ADJOURNMENT**

CAB Chair Jasmin Kirkland adjourned the meeting at 5:02 p.m.

MINUTES APPROVED BY: Jasmin Kirkland (Chair)	
Signature	Date

# **NEXT MEETINGS**.

- October 10, 2013 –12:00 p.m. to 4:00 p.m. CAB Retreat, Suite 207, 1600 Pacific Hwy
- November 12, 2013 Suite 750, 1255 Imperial Avenue